

# FRIENDS IN DEED\*



Dear Friend,

Just to change things up a bit this week, let's start with this video message:



The other thing I wanted to mention is that the Food Pantry is in need of bags: reusable, paper, or plastic. With the end of the food boxes that we have been receiving for months, we will use nearly 1,000 bags a week to load with shelf stable foods, frozen foods, and produce for each of our clients. If you have extra bags you can donate, please bring them to FID House on Friday or Saturday from 8:30am-3:30pm. (444 East Washington Blvd.) During the week it is just too busy and hectic in the parking lot to accept donations. If you want to order bags on Amazon or another site, please email Tim so he can let you know which ones we can use, as they are not all compatible with what we need. [pantry@friendsindeedpas.org](mailto:pantry@friendsindeedpas.org)

Blessings, have a safe and lovely weekend,  
Rabbi Joshua



P.S. The Lakers won us our NBA title, and now it's GO DODGERS!

Follow us on social media!



We can only operate with your help!

DONATE

LEARN ABOUT PLANNED GIVING



A shout-out to Gerry Poulin, one of our steadfast and long-serving volunteers, who takes his own van and trailer to pick up food at the LA Regional Food Bank twice each month. This is in addition to many other ways he gives to FID!



Ardella is one of our amazing resident artists, a long time guest of The Women's Room. She told Marlene, 'I'm the Picasso of The Women's Room!'



Our friends over at One Colorado, Old Pasadena are holding a month-long food drive to benefit our Food Pantry. We are very grateful for the support in our work to fight hunger and serve our community.

**BLACK  
LIVES  
MATTER**