Dear Friend,

It is because of you, the supporters of Friends In Deed, that I am able to tell the stories I share each week. Without you (in whatever capacity you are a part of the FID family) please know that we are so grateful that you believe in our mission, and know that together we can help our most vulnerable neighbors. This week, meet DH.

DH was born in Pasadena and attended schools here, including PCC. In the 70s and 80s, he worked at the city unemployment office. After that had his own business as a civil engineer, then worked in real estate, and then as a tax preparer. He was married for 20 years, but then got divorced. This was the start of his financial insecurity.

He was just making ends meet when we had the economic crash in 2008 and things got bad for him. After losing his businesses, and after the death of his mother, he found himself living in a car and motels. After a heart attack and a quadruple bypass, DH was discharged onto the streets of Pasadena. This was a five-year journey.

He would fill his days going to the gym to shower, then to the storage unit that held the belongings he had left. Then off to Starbucks, where he would sit and read and have a cup of tea. You could sit right next to him and have a good conversation, and you would never know he was experiencing homelessness. At 70 years old DH has no mental health disorders, no drug addiction, is well educated, and very well groomed. This is the face of our invisible homeless community.
FID received a call asking the Street Outreach team to come and meet DH, as he had been sleeping at the Metro station for safety for the last year and a half. That was in December 2019. We worked with him and got his paperwork in order: birth certificate, social security card, and ID. William, our Housing Locator, and Najwa and Scott, our Street Outreach team, spent time engaging DH, as he is a proud man who has a hard time accepting help. After many hours of hard work, DH has successfully moved into his own permanent supportive housing apartment, with his own keys, as of yesterday, February 27, 2020. He was so excited to be able to cook a meal for himself and sleep in a bed.

“Doing together what we cannot do alone” is the reason that DH will now live in his own home, once again. So, thank you!

Blessings and have a lovely weekend,

Rabbi Joshua

PS. It’s the time of year to start thinking about golf again! Click here to learn more about our 3rd Annual Golf Classic on May 4.

As always, we can only operate with your help!
Please support this generous fundraiser from our new friends at Nice Buns!
Huge thanks to Pasadena Police Department for volunteering at the Bad Weather Shelter!

Group photo - the police department and APU nursing students

Thank you to everyone who participated in our Spin for Friends In Deed event! We raised over $2,600!
And special thanks to spin instructor Lauren Castle!

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Organic Post Workout Potion

Contains:
- Coconut water
- Watermelon juice
- Mango
- Pineapple
- pitaya

@FitbarCafe
@Spacebarwellness
Follow us on insta!
Our thanks also go to Fitbar cafe for providing healthy refreshments.

Abigail from Flintridge Sacred Heart Academy brings the results of a clothing drive held by the Fashion Club.
FID client DH signs the paperwork for his new home!

Marlene and Jane with supporters of The Women’s Room, San Gabriel Valley Panhellenic society, who joined us for a tour
Najwa and Scott represent Friends In Deed at the St. Philip the Apostle Special Needs Blessing Mass and Resource Fair

TWR volunteers meeting!