



Dear Friend,

I want to start by paying tribute to the life and legacy of Justice Ruth Bader Ginsburg - may her memory be for a blessing. May she rest in peace and may her family find comfort and strength in this time. My dear friend of many years, Rabbi Lauren Holtzblatt, offered one of the eulogies at her memorial service, which I share [here](#).

Meanwhile, back in Pasadena, we also had some sad news in The Women's Room this week - that one of our long-time volunteers and supporters, Janet Wood, had passed away.



Jane Armbruster, The Women's Room Associate, writes:

"Janet Woods was a wonderful person. She lit up the The Women's Room every time she came for her shift. Janet was always accompanied by Toby, the sweetest, most cheerful dog. Sometimes you could just swear he was smiling at you. You could see and feel a transformation in the guests when Janet and Toby arrived for their volunteer shift. Animal therapy has a huge impact and when it is accompanied by an incredible loving woman you can increase that impact tenfold.

Janet oversaw the downstairs area during her shifts and brought a wonderful calm to this busy area. Her presence made the

experience more than just doing your laundry and taking a shower. The guests knew that they also had a friend they could talk to. Janet was so special and will truly be missed and remembered with love."

Of course, it is only with the [ongoing support and generosity](#) of people like Janet - and people like you - that we can offer all the help that we can, each and every day, to our most vulnerable neighbors. Thank you!

Finally, this Sunday night and Monday is Yom Kippur, the solemn day of atonement for Jews worldwide. In that spirit and custom, even though doing it via email is not the same, I ask forgiveness from those I may have hurt intentionally or unintentionally. I will strive this year to do better.

Blessings, have a safe and lovely weekend,

Rabbi Joshua



We can only operate with your help!

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Susan and Oliver Stark, honorees at this year's Jazz on the Screen event, accept the gift of painting by one of our guests in The

Women's Room



And Mario and Michell of Grocery Outlet Pasadena, also honorees at this year's Jazz event, accept a Women's Room painting from FID Board Co-chair Richard Cheung



A t-shirt with an inspirational message, painted by one of our Women's Room guests



Pasadena Food Hug Founder, Trisha Muse (left) delivered lunch to the staff at Friends In Deed on 9/24. Pasadena Food Hug, in partnership with the Latino Restaurant Association, hires minority-owned Pasadena restaurants to prepare meals for Pasadena frontline heroes. Learn more at www.LatinoRestaurantAssociation.org/PFH



Our thanks to Westridge School for a generous donation of food from their food drive - and to Mia and Pauline for helping deliver it all!



The Church of Jesus Christ of Latter Day Saints gave the Food Pantry a large donation to be spent at their Bishops' Storehouse. This is just a fraction of what we received!



May the life and legacy of Justice Ginsburg be for a blessing

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LIVES
MATTER**