

# FRIENDS IN DEED\*



Happy Friday!

Former TWR guests, Elsa and her mother, donated twenty pairs of new shoes to The Women's Room! Mom had been a TWR and pantry client for a few years and when her daughter Elsa found herself unemployed, Mom introduced her to Friends In Deed and our services. Thankfully, both Elsa and her mom are now doing well, employed and, when she found shoes for \$1, she bought them to give back. They were able to come with their daughter and granddaughter to bring these gifts. Three generations of this family came together to spread love, hope, and give back to their community.



With summer upon us, we need all sorts of donations: water bottles, women's undergarments, women's summertime clothing, sunscreen, chapstick and cooling towels, etc. Please drop off items on Fridays and Saturdays from 8:30am-3:30pm, or order online and have them delivered to our FID House. We want to make sure our clients and guests, especially those on the streets that our outreach team encounter, can get the critical necessities to keep cool and safe.

And, finally, we received some incredible and surprising news this week: Friends In Deed has been named Nonprofit of the Year for California's 25th District! We are so humbled and grateful to Senator Anthony Portantino for this award; this is a recognition of all the hard work and dedication of our staff, board members, and tremendous

volunteers. On a personal note, I have known Senator Portantino for many years and am honored to call him my representative and friend. You will hear more about this in the coming weeks, but we couldn't wait to share the good news with you!

Without all of your [generosity and support](#), none of what we do would be possible, so thank you!

Blessings and have a lovely weekend (try to stay cool!),

Rabbi Joshua



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## Friends In Deed

*is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.*

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We can only operate with your help!

[DONATE](#)

[LEARN ABOUT PLANNED GIVING](#)





## **FEED THE HUNGRY!**

### **The Saint Vincent de Paul Food Drive**



The Society of St. Vincent de Paul, Assumption-BVM Conference is happy to announce that we will be sponsoring a Food Drive in support of *Friends In Deed*, in the month of June. Your support is critical and will assist to offset the recent increasing demand for food services in the Pasadena area.

#### **WE NEED YOU TO LEND A HAND!**

St. Vincent de Paul, here at Assumption Church has recently assisted Friends In Deed by providing food donations for their re-opening. Because of this, we understand their underlying need for additional food. Covid-19 has stressed the limits of charitable support at *Friends In Deed*, as well as other food pantries in our area. **WE CAN HELP!**

#### **MOVING AWAY FROM COVID-19, IT'S TIME TO BE INVOLVED AGAIN!**

And it's simple. Here's what you do:

1. Prep a food bag, or whatever you can contribute...even a few cans or boxes of rice will help (soups, canned tuna, peanut butter, rice, coffee, sugar, and flour are good; think non-perishable and make it convenient on yourself).
2. Come out this Saturday, JUNE 19th, from 11:00am to 2:00pm.
3. Drive to the North Parking Lot of Assumption Church, located on the corner of N. Sierra Madre Blvd. & E. Orange Grove Blvd. in Pasadena.
4. Remain in your car, or practice social distancing if you exit, as we will do the same... please wear a mask.
5. Drive through... Drop off.

THAT'S IT!!! Congratulations! You have just contributed to feeding 350 families/700 individuals for several weeks!

**DATE:** SATURDAY, JUNE 19<sup>th</sup>  
**TIME:** 10:00am to 12:30pm  
**PLACE:** North Parking Lot, Assumption of the Blessed Virgin Mary Church  
Corner of N Sierra Madre Blvd & E Orange Grove Blvd

*During this crisis we all look for ways to support our neighbors who are needy. Providing food is a convenient way to be involved. Food is the bare essential, and feeding those who are hungry immediately eliminates fear and provides hope. Victory over poverty is through our Faith and Works. Contribute and feel joyful!*



We are proud of Friends In Deed supporter, Simone Zienna, and his company Meta Nutrition ([metnu.com](https://metnu.com)) for being named LA Business Journal's 20 in the 20s. Congratulations Simone!





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## Back to School Supply List 2021-2022

### More 6<sup>th</sup> – 12<sup>th</sup> grade than lower grades

**College ruled notebook paper (this is used more commonly than the "Wide-ruled" paper)**

Wide ruled notebook paper (early grades will use this)

Spiral notebooks

Composition Notebooks, hardcover

Pens; red, blue and black

Pencils, including #2 yellow 6-sided for younger grades; mechanical pencils Erasers

Pencil-top Erasers

Copy paper (for printing on computer)

Zipper pouch for pens and pencils (3 holed to go in binders)

Dry Erase Markers

Colored Markers (**NO Sharpies or Permanent Markers**)

Highlighters, all colors

Colored Pencils

Sharpener for colored pencils (must hold shavings)

24 Colors Crayons (prefer Crayola Brand)

2 Pocket Folders (prefer poly folders)

Student scissors (such as Fiskar)

Rulers (metric & customary)

3" x 5" index cards

**Glue Sticks (many schools prefer the sticks to bottles of glue)**

3 Ring Binders - 1"- 3" (Prefer with Clear View pocket on front)

Tab Dividers for Binders

Tissue/Kleenex – small little packages that can easily fit into the backpack or school desk

**Hand sanitizer – still incredibly important**

**Disinfecting wipes – still incredibly important**





Special gift from The Women's Room guest, Gwendolyn! We wrote about Gwen previously and she stopped by FID to pass along some sweet notes and gifts to our TWR staff. Gwen has been accepted to USC and has now moved in to her dorm!

