

FRIENDS IN DEED*



Happy Friday!

With Rabbi Joshua out on a well-deserved family vacation, I am filling in, with what I hope will be a "feel-good" Friday story, to send you into a long holiday weekend!

On the first day of last year's pandemic lockdown, Sonny fell out with his family and found himself on the streets with his three-year-old son. For a few days, Sonny and his child lived in their car until he was able to connect with his son's mom - also unhoused at this point - and they figured out a successful co-parenting arrangement under the incredibly difficult conditions of pandemic plus homelessness. Eventually, mom got a job and a place to live, enabling her to take a fuller part in childcare - but Sonny was still bearing his own share of the responsibility, shouldering the expense of a motel when it was his turn with his son.

At the time, Sonny was parking his car in downtown LA, but the violence he experienced on the streets pushed him to move back to the area where he grew up. It was then that he connected with Friends In Deed. We were able to get him clothes and food, and, most importantly, put him in touch with Housing Navigator and Outreach Specialist Najwa, who got him into FID's Motel Pilot Program.



Sonny says Najwa went “above and beyond” to help him. He had been looking for housing, but got turned down every place he tried and was almost ready to give up. He lost trust in people and Najwa helped him restore that trust. At the time of writing, Sonny is moving into bridge housing in Hollywood! He is looking forward to being able to give his son the kind of living conditions he deserves when he spends time with him. He says his son - now four - is very bright and “wears him out.” I'm sure all parents can relate!

[Thank you for everything you do to help support us](#)in *doing together what we cannot do alone! Our hard-working staff will be taking this 4th of July weekend off, so our Food Pantry will be closed Saturday, July 3rd, and The Women's Room will be closed Monday, July 5th. All regular services will resume Tuesday, July 6th.

Have a wonderful and safe holiday weekend!

Merria Velasco
Director of Development



We can only operate with your help!

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HAPPY FOURTH OF JULY!

In observance of the holiday,
The Women's Room will be closed Monday, July 5th
and Food Pantry will be closed Saturday, July 3rd.



Bridge Church Pasadena Pastor Dennis, along with Matty and Derrick, dropped off donations from a Father's Day food drive. Thank you to all our community partners who work to ensure those in need get the necessities.



Volunteering as a Family! Welcome to Elaine, Mike, their son Ethan, and daughter Teegan (not pictured). They recently filled in on a Saturday and will be volunteering together every other Saturday beginning in July. Great to have you all here!



Meditation with Ashley at The Women's Room. Giving these guests tools to get through their days is incredibly important to us, and meditation can be a very useful practice for stressful situations!



Last weekend, Servicon hosted a volunteer event in Culver City. Friends In Deed administrative assistant, Eva, took her husband and two sons to do some Saturday morning community service where they made capes for kids at the Boys and Girls club, and also made a no-sew blanket for people experiencing homelessness. And Friends In Deed will be one of the recipients of their hard work!

Over the course of two consecutive Saturdays, July 31 and August 7, we will be distributing backpacks and supplies to our community. We ask that all donations be dropped off/sent to Friends In Deed, July 20 to July 23. Our address is 444 E. Washington Blvd., Pasadena, CA 91104. We hope that you will join us in this effort!



Mail: P.O. Box 41125
Pasadena, CA 91114-8125

Site: 444 E. Washington Blvd.
Pasadena, CA 91104

T: 626-797-2402
info@friendsindeedpas.org

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Back to School Supply List 2021-2022

More 6th – 12th grade than lower grades

College ruled notebook paper (this is used more commonly than the "Wide-ruled" paper)

Wide ruled notebook paper (early grades will use this)

Spiral notebooks

Composition Notebooks, hardcover

Pens; red, blue and black

Pencils, including #2 yellow 6-sided for younger grades; mechanical pencils Erasers

Pencil-top Erasers

Copy paper (for printing on computer)

Zipper pouch for pens and pencils (3 holed to go in binders)

Dry Erase Markers

Colored Markers (**NO Sharpies or Permanent Markers**)

Highlighters, all colors

Colored Pencils

Sharpener for colored pencils (must hold shavings)

24 Colors Crayons (prefer Crayola Brand)

2 Pocket Folders (prefer poly folders)

Student scissors (such as Fiskar)

Rulers (metric & customary)

3" x 5" index cards

Glue Sticks (many schools prefer the sticks to bottles of glue)

3 Ring Binders - 1"- 3" (Prefer with Clear View pocket on front)

Tab Dividers for Binders

Tissue/Kleenex – small little packages that can easily fit into the backpack or school desk

Hand sanitizer – still incredibly important

Disinfecting wipes – still incredibly important





Friends In Deed was chosen as a 2021 California Nonprofit of the Year. [Read the full story here!](#)

Friends In Deed

is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.