



Rabbi Joshua's Weekly Message

Dear Friend,

The Women's Room had two new women this week. Elsa, a young single woman in her mid 40s, has been homeless for five years and living in her car. Her mother researched help and was able to refer Elsa to us this week. Elsa came in a bit shy and hesitant, but Marlene introduced herself to her and very briefly explained all that we do at The Women's Room. Elsa showered, put in a load of laundry, and had a nice meal. Elsa quickly warmed up to us; she was in awe of the care she received and the pleasant atmosphere we offer here. By the end of the day, Elsa had received essential care and was referred to necessary resources by The Women's Room.

Janice is in her mid 50's, homeless and exhausted. Janice is already connected to another agency for her housing needs and was referred to us by PORT (Pasadena Outreach Response Team). Janice came to shower, get clean clothes, rest, and eat. She came because she was told we are different from other agencies that offer showers. She said she was told we are more private, and cleaner. When Janice left, she expressed that she felt so much comfort and safety here.

Both new guests have different stories, and their backgrounds and needs differ. But what Marlene noticed in both was how surprised they sounded after being in The Women's Room for a few hours. Both were happy they had come, both felt so calm and relaxed being here. It's the staff, the volunteers, and the other fellow guests that make TWR a place of community.



The poor in our countries have been shut out of our minds, and driven from the mainstream of our societies, because we have allowed them to become invisible. Just as nonviolence exposed the ugliness of racial injustice, so must the infection and sickness of poverty be exposed and healed — not only its symptoms but its basic causes. ”

~ Martin Luther King, Jr.

QuotesCosmos

Our work can affect people on so many levels. Whether it is food, housing, rental payment, a kind word, or a shower, everyone receives the compassion, connection and dignity they deserve as a member of the human family. To quote Dr. King: "Life's most persistent and urgent question is 'what are you doing for others?'" At Friends In Deed, we are striving to answer that question each and every day.



I have included several images and quotes from Dr. King on his views on poverty, as well as a picture (above) of a moment that he shared with Rabbi Abraham Joshua Heschel. May his legacy continue to inspire us to fight for justice, care for the most needy, and raise our voices in the name of all the voiceless in our community. Thank you for being a part of our team as we seek to live by this vision.

Blessings and have a lovely weekend,



Friends In Deed will be closed Monday January 17 in observance of Martin Luther King Day.



We can only operate with your help!

[Donate today](#)

[Join the Legacy Society](#)

Get Social





Care Packages!

Glendale Filipino SDA Church worked hard to put together care packages for our clients. [Read more...](#)



Zen Dive Co.

To celebrate their one-year anniversary, Zen Dive Co. held a holiday food drive for our Food Pantry through December. [Read more...](#)

News and Events

Our Cold Weather Supply Distribution

Every Thursday, rain or shine, our team will be providing services out of First United Methodist Church (500 E. Colorado, Pasadena CA 91101) between 5 – 7pm, as well as on weather-activated days (less than 40 degrees, or more than 40% chance of rain). Clients will have the opportunity to receive supplies, including ponchos, blankets, food, etc. On Thursdays, our partners at the Azusa Pacific University nursing program will also be on hand.

FRIENDS IN DEED in partnership with the
CITY OF PASADENA and FIRST UNITED METHODIST CHURCH provides



EVERY THURSDAY AND ON WEATHER ACTIVATED* NIGHTS
January 6th through March 31st, 2022 | 5:00pm to 7:00pm
First United Methodist Church | 500 E Colorado Boulevard
*Weather Activated: forecast to be 40 degrees and below or 40% chance of rain

BAD WEATHER SUPPLIES OFFERINGS:

Cold Weather
Supplies

Nurse Visits /
Wellness Checks

Weather Activated*
Limited Motel Stays
(based on eligibility)



Podcast



2022-2 Space Race and Poverty

As we head into MLK weekend, and with the launch of the James Webb Telescope, [Rabbi Joshua sat down with Dr. Bonnie Burratti](#), a planetary astronomer and Section Manager at the Jet Propulsion Laboratory here in Pasadena, to discuss space, faith, and an essay by Rabbi Abraham Joshua Heschel called "The Moral Dilemma of the Space Race," which he wrote around the time of the first lunar launch in 1969.

Friends In Deed is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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