



Weekly Message

Dear Friend,

As happened with so many people during the stay-at-home order at the beginning of the pandemic, Julius found his primary relationships came under great strain. His girlfriend continued to work as a cosmetologist, and this meant a steady stream of clients visiting their home. Not only did the risk make Julius uncomfortable, but he also felt he was an unwelcome presence in his partner's business.

Eventually Julius was able to go back to work, but the damage to the relationship was done. When he found himself out of work once more, his partner lost patience and told him to leave. Julius began living in his car.

Fortunately, Julius made contact with Friends In Deed while getting food at the Salvation Army. We were able to put him into a motel, and shortly afterwards matched him with a place in bridge housing. Julius says that he really appreciates just having privacy again, and a place to charge his phone! Once he has settled in, he hopes to get back to coaching youth sports, especially basketball - a pastime he has really missed while his life has been in such upheaval.



I must say though, while this is a positive story, we have had some very challenging ones this week too. In particular, we are seeing several single moms with young children, and at least one pregnant woman (who is staying in the back of a U-Haul) coming to us for help. Because of the heat, we had 14 motel rooms occupied for the past two weeks. Our team continues to rise to the challenge, but we are seeing the numbers of people in need increase each week.

Finally, two significant moments in time, past and present, are coming together this weekend: Sunday is the 21st anniversary of 9/11, and we are now mourning the passing of Queen Elizabeth II. Obviously, these are very different moments, with very different emotional components, yet both are monumental in the history of the two nations they most affect.

May the memories of all those that perished on 9/11, victims and first responders, be for a blessing, and we extend our prayers for comfort to their families. And with the people of England, and the royal family, we share in the loss of a woman who led with grace and dignity for seven decades; we pray for comfort and strength in the weeks to come for all those who mourn for the queen, and may her memory be for a blessing. And we include in those prayers our very own Operations Manager, Helen Angove, who now has dual citizenship, but was born and raised in England.

Blessings, and have a lovely weekend,
Rabbi Joshua



We can only operate with your help!

Donate today

Join the Legacy Society

Get Social



Regency Park Senior Living

Emily from Regency Park Senior Living reached out several weeks ago about their residents assembling toiletry kits for The Women's Room. [Read More...](#)



Doug's Birthday!

Celebrating Doug! Last week was Doug's birthday and The Women's Room guests love him! [Read More...](#)

News and Events

Feed the Plate

One Colorado is hosting a complimentary kids' crafting event to help educate children and their families on Hunger Action month and nutrition in partnership with Friends In Deed! The event will be located



on Douglas Alley on Wednesday, September 14th from 3-5pm. Crafts, snacks, and more! And they will be accepting food donations for The Giving Table. [Click here for more information.](#)

Flu Vaccines!

Need to get your flu shot? Friends In Deed is partnering with Huntington Health to offer free flu vaccines on site on Tuesday Set 13 at 444 E. Washington Blvd., Pasadena CA 91104 between 9-11am.



Community Outreach

2022 Free Flu Vaccine Clinic



Tuesday, September 13th
09:00-11:00 a.m.

Friends in Deed
444 E. Washington Blvd.,
Pasadena

Flu vaccine requirements:

- No COVID-19 or flu like symptoms.
- At least 18 years old, or giving consent for your child, ages 9-17 years.
- Not allergic to eggs or the influenza vaccine.
- Not have a history of Guillain-Barre syndrome.

For those age 65 and over, please note we are offering the standard flu vaccine, not the high-dose version recommended for this age group by the CDC.
For more information call (626) 397-3376

Water Donations Needed!

Hopefully by the time you read this the heatwave will be over, but those experiencing homelessness still suffer in our SoCal summer temperatures. Please consider purchasing an extra case of water bottles next time you are at the market. On-site donations are appreciated Friday & Saturday from 9am to 3pm. You can also order a case from our Amazon wish list that will get delivered directly to us: [Amazon Wish List](#)

Help our clients
stay hydrated

Accepting donations! Consider buying a case of water bottles and bringing it to FID



**FRIENDS
IN
DEED** *



Queen Elizabeth II
1926-2022



Friends In Deed is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

[Having trouble seeing this message? View as Webpage](#)

Friends In Deed | 444 E. Washington Blvd., Pasadena, CA 91104

[Unsubscribe office@friendsindeedpas.org](mailto:office@friendsindeedpas.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by director@friendsindeedpas.org powered by



Try email marketing for free today!