



Weekly Message

Dear Friend,

As always, we love the partnerships we have with so many of the congregations in our community! Here are two recent moments to celebrate.

Allegra from Throop Unitarian Universalist Church stopped by with 45 bagged lunches for our Street Outreach team to give out while connecting with folks experiencing homelessness. Throop Church has social justice Sundays once a month. This month, youth from the church made sandwiches, put together lunches, and decorated the bags with messages and stickers.



The children of First United Methodist Church Pasadena put together seasonal weekend survival bags for The Women's Room clients, with food snacks, tuna, crackers, meat, water, and dried fruit to sustain the women through the weekend when most services are closed.

Children (from toddlers on up!) decorated the bags with Halloween pumpkin jack-o-lanterns and then filled them with useful food and supplies.



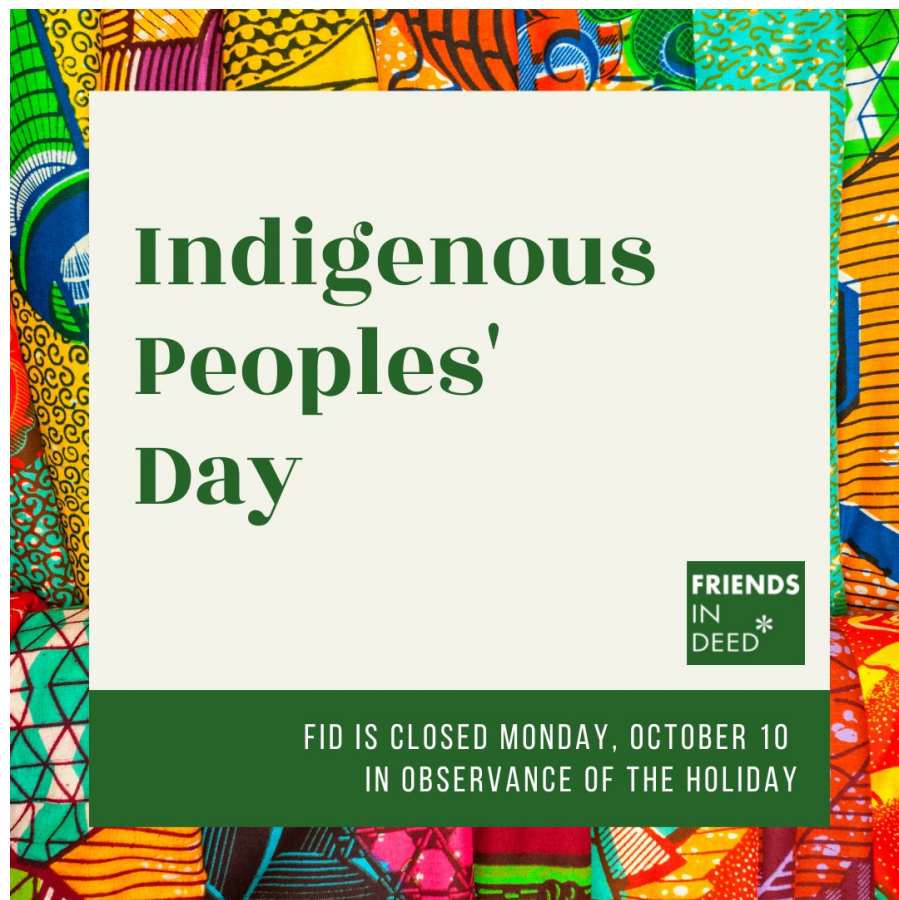
Big thanks to Throop Church and First United Methodist Church for supporting Friends In Deed in such meaningful ways – and for getting everyone involved! If you would like to have me or another staff member join your congregation for services or other events, or if you would like to find out how your community can contribute, please email Merria, our Director of Development, at merriav@friendsindeedpas.org.

As we head into the final months of the year, we will need your support more than ever to ensure that we have the funds to provide the kind of care we are so proud to offer, in all our critical programs. The number of clients and guests is growing in each of our programs, so the need is great. If you haven't donated yet this year, or even if you have, please consider [making a gift](#) (right now is a great time!). That is the way we continue "doing together what we cannot do alone."

SAVE THE DATE! We are excited to announce our first-ever Sunday Funday, which will be an afternoon of food, games, meaningful activities, music and community building. See the graphic below--we hope all of our volunteers, supporters, donors, and community partners can join us. It is afternoon for all ages--let's have some fun together, and celebrate the amazing people--YOU--that make the work of FID possible. More details to come.



Blessings, and have a lovely weekend,
Rabbi Joshua



We can only operate with your help!

Donate today

Join the Legacy Society

Get Social



Thank you Talia!

The Women's Room received dental hygiene care packages collected and donated by local community member Talia. Thank you for the support!!

[See post](#)

TWR COVID-19 *Wash your hands when you come in to TWR! Mandatory: "If you are presenting any cold like symptoms, you will not be allowed in, it is up to staff discretion what is considered 'covid like'." *Wearing a face mask is recommended. *Wash your hands and use hand sanitizer frequently including when you first walk in. These guidelines are for the safety and wellbeing of all guests, employees, and volunteers. TWR hours: "except holidays" *Hours and dates subject to change Monday-Thursday 10am-5pm *Snack not served after 3:00pm *Lunch is served at 12:00pm *Please note the 31st birthday of the month. Birth listing at 1pm. HAPPY HALLOWEEN	Monday 1 *Tulsiery Rita *Kiana & Gersonia @12:15p *TWR closes @ 2:45p Last shower @ 1:10p Lunch: 2:45pm-3:00p 10 *TWR closed for Indigenous People's Day 17 *Tulsiery Rita *Kiana & Gersonia @12:15p Lunch: 2:45p-3:00p 24 *Tulsiery Rita *Kiana & Gersonia @12:15p *Kiana & Gersonia @12:15p *Kiana & Gersonia @12:15p Lunch: 2:45p-3:00p 31 *Tulsiery Rita *Kiana & Gersonia @12:15p Lunch: 2:45p-3:00p	Tuesday 2 *Emotional Wellness Workshop @12:15p-1:30p *Bingo! 11 *Monthly Bulletin *Act w/ Ashlee @12:30p-3:00p Lunch: 2:45p-3:00p 18 *TWR closed @ 12:15p Last shower @ 1:10p *TWR closed @ 1:10p Lunch: 2:45p-3:00p 25 *TWR closed @ 12:15p Last shower @ 1:10p Lunch: 2:45p-3:00p 30 *TWR closed @ 12:15p Last shower @ 1:10p Lunch: 2:45p-3:00p	Wednesday 3 *Acts & Crafts 12 *Acts & Crafts *Lunch: 2:45p-3:00p 19 *TWR closed @ 12:15p Last shower @ 1:10p Lunch: 2:45p-3:00p 26 *TWR closed @ 12:15p Last shower @ 1:10p Lunch: 2:45p-3:00p	Thursday 4 *Bingo & Themed w/ TWR *Meditation w/ Ashlee @12:30p-1p 21 *Bingo & Themed w/ TWR *Meditation w/ Ashlee @12:30p-1p 28 *Bingo & Themed w/ TWR *Meditation w/ Ashlee @12:30p-1p 30 *Bingo & Themed w/ TWR *Meditation w/ Ashlee @12:30p-1p
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The Women's Room
444 E. Washington Blvd., Pasadena, Ca. 91104 PH: 626-797-2402

The Women's Room October Calendar

The Women's Room has a full month of activities ahead! Check out our October Calendar.

[See post](#)

News and Events

The Maya Salon

The Maya Salon is collecting items to assemble care packages for Friends In Deed clients. If you need a visit to the hair salon, and also want to do a little

good, consider dropping off a few items. Thanks to The Maya Salon for the support!

CARE PACKAGES

A LIST OF WHAT YOU CAN SHARE
WITH FRIENDS IN DEED:

plastic utensil packs w/ napkins
large ziplock bags
water bottle
socks
snacks

IDEAS FOR SNACKS

chips	breakfast / protein bars
cracker	vienna sausages
beef jerky	tuna or chicken salad (individual packs)
raisins / raisins	peanut butter (individual packs)
nuts	campbell soups (pull top lid or the soups that can go directly into microwaves)
trail mix	
fruit cups	
dried fruit	
cookies / pastries	

ACCEPTING DONATIONS FROM NOW UNTIL
11/13, SUNDAY, AND VOLUNTEERS ON 11/13 DAY
TO PUT TOGETHER CARE PACKAGES AND DISTRIBUTE.



**FRIENDS
IN
DEED**



@masks4angels

THE MAYA
EST. 2017





Friends In Deed is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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Friends In Deed | 444 E. Washington Blvd., Pasadena, CA 91104

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