



Weekly Message

Dear Friend,

Each week I share stories of the clients we are able to help with the myriad services we offer. However, none of these stories of helping people would be possible without the amazing dedication of so many people. For the remainder of the year, I want to highlight some of these people from the key groups of individuals that make the work of Friends In Deed exist. Let's start with the volunteers.

We have hundreds of volunteers who give their time, love, compassion, dedication, and selflessness to make our operations run. While I wish I could share something about each one of them, here are two people who are a part of the team.

Vicki has a long history of volunteering. She has served on the boards of local nonprofits, and she and her Girl Scout troop have made hygiene kits for Friends In Deed's Street Outreach Team. But it was helping with FID's Back to School event that really gave Vicki the Friends In Deed bug! Since then, Vicki has been volunteering regularly in the Food Pantry. She says it is the hands-on aspect of the work that makes it so fulfilling.



Vicki Thompson

As a public health nurse for the City of Pasadena, Joyce had a couple of successes with getting homeless folks treated for TB. Tuberculosis treatment is a long process requiring many medical appointments, so it is particularly challenging to treat members of the homeless community. Joyce discovered both that she had a flair for doing health care in the homeless community and also that she really loved it. She became known as “the homeless nurse.” After her retirement, she started volunteering at FID. She really enjoys sharing her health background with the TWR guests, answering questions and comments, and helping those who need it to access better health care. She’s a hugely valued volunteer!



Joyce Spencer

From all of us, please know how grateful we are to each and every

one of you, whether this is your first week or your first decade — thank you!

As promised, here is the weekly update on our winter appeal. We have raised just over \$80K, which means we need \$270K more to reach our goal — so if you haven't given already, [how about doing so right now!](#) And ... thank you!

Blessings and have a lovely weekend,
Rabbi Joshua



We can only operate with your help!

Donate today

Join the Legacy Society

Podcast

Food Pantry Numbers are Skyrocketing!

This week, Rabbi Joshua talks with FID Food Pantry Director, Tim Nistler, to hear more about the very large increase in households that are coming each week, how we are doing on food, and what he shared with 11th graders at Polytechnic High School last week. [Listen now.](#)



Get Social



**Throop Unitarian Universalist
Church**



Allegra from Throop Unitarian Universalist Church assembled and dropped off 45 lunches for our Street Outreach program. These meals help our team meet the immediate needs of individuals experiencing homelessness, and also help build connections with them. Thank you, Allegra and Throop Church for your thoughtfulness!

[Read more...](#)



All Saints Church

Lindsey and Elyse had a great time representing Friends In Deed at All Saints Church's Alternative Christmas Market. Each year, the church brings together non-profit organizations, which address social issues on a local, national, and international level, to give community members the opportunity to participate in socially conscious gift giving.

[Read more...](#)



Snowden Lane Partners

A big thank you to The DiCiaccio Team of Snowden Lane Partners in Pasadena for their support and generosity. Our Food Pantry currently sees over 500 households per week and the donation will help us during the times when we may be short of different foods, including shelf stables, fresh fruits and vegetables, and meats and proteins.

[Read more...](#)

News and Events

Vroman's: The Giving Tree

Vroman's continues its partnership with Friends In Deed Pasadena this holiday season to help provide toys and gifts to disadvantaged kids! Stop by the Children's Department on Colorado Blvd or in Hastings Ranch to choose the name of a child from the tree for whom to buy a gift. Once you make your purchase you will be able to leave it with Vroman's to be delivered to Friends In Deed.

FRIENDS IN DEED GIVING TREE

EVERY GIVING TREE PURCHASE WILL RECEIVE A 20% DISCOUNT



Help us bring joy to a disadvantaged child this holiday season by stopping by either store and purchasing a gift to donate to a child in need.

November 12 - December 9



Winter Support Needed!

Our Street Outreach Team and The Women's Room are in need of your support this winter! Some items that would greatly benefit these programs include blankets, ponchos, hand warmers, umbrellas, underwear, razors, and shaving cream packets. If you would like to arrange an in-person donation drop off, please email tishs@friendsindeedpas.org. Thank you so much for your support! Our Amazon wish lists are also updated for online orders:

[The Women's Room Amazon Wish List](#)
[Street Outreach Amazon Wish List](#)





Friends In Deed is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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