



## Weekly Message

Dear Friend,

As is the case most years, there is a confluence of events that take place in and around this time. We observe Dr. Martin Luther King weekend, a time to reflect on his message of equality, justice, and movement toward a better version of ourselves, our nation, and our world. Alongside this, we often observe the anniversary of the death of Rabbi Abraham Joshua Heschel, one of the most important theologians of the 20th century. This past Wednesday was the 50th anniversary, an important marker.

Here are a few excerpts from Dr. King's last major speech, March 31, 1968, at Riverside Church in New York - four days before he was assassinated. Speaking about ending poverty, he said:

*In a few weeks some of us are coming to Washington to see if the will is still alive or if it is alive in this nation. We are coming to Washington in a Poor People's Campaign. Yes, we are going to bring the tired, the poor, the huddled masses. We are going to bring those who have known long years of hurt and neglect. We are going to bring those who have come to feel that life is a long and desolate corridor with no exit signs. We are going to bring children and adults and old people, people who have never seen a doctor or a dentist in their lives. We are coming to ask America to be true to the huge promissory note that it signed years ago. And we are coming to engage in dramatic nonviolent action, to call attention to the gulf between promise and fulfillment; to make the invisible visible. One day we will have to stand before the God of history and we will talk in terms of things we've done. Yes, we will be able to say we built gargantuan bridges to span the seas, we built gigantic buildings to kiss the skies. Yes, we made our submarines to penetrate oceanic depths. We brought into being many other things with our scientific and technological power.*

*It seems that I can hear the God of history saying, "That was not enough! But I was hungry, and ye fed me not. I was naked, and ye clothed me not. I was devoid of a decent sanitary house to live in, and ye provided no shelter for me. And consequently, you cannot*

*enter the kingdom of greatness. If ye do it unto the least of these, my brethren, ye do it unto me.” That’s the question facing America today.*



And while Rabbi Heschel had much to say about poverty, homelessness, injustice and other ills of the world, in order to end with a spark of light and hope (which Dr. King always tried to bring), Heschel also taught, “Our goal should be to live life in radical amazement ... get up in the morning and look at the world in a way that takes nothing for granted. Everything is phenomenal; everything is incredible; never treat life casually. To be spiritual is to be amazed.”

To combine both of their spirits, visions, and actions in the world, let us commit and recommit, to the work of caring for the poor and most vulnerable in our community, to speak out for those who are voiceless, and to continue to believe that, at least here in Pasadena, we can have nobody living on the streets, nobody going hungry, nobody waking up each day worried if they can pay the rent; in short, that we seek to embody the great teaching, ‘love your neighbor as yourself.’

I don’t get to write and deliver sermons any longer, so thanks for indulging me on this important weekend. And know, at Friends In Deed, we are working toward this vision each and every day.

Blessings, and have a lovely weekend,  
Rabbi Joshua



**We can only operate with your help!**

**Donate today**

**Join the Legacy Society**

## Get Social



Thank YOU for  
supporting our work!

**FRIENDS  
IN  
DEED \***

### Thank you!

Friends In Deed staff say a big THANK YOU to YOU, our supporters. [Watch](#) through to the end for some giggles!



### Volunteering in the Rain!

Rain or shine, our volunteers brave the elements to help our clients get the food they need. [Read more...](#)

### Bad Weather Supplies

Last week was our opening of the BWS (Bad Weather Supplies) season. Once again, we are at



First United Methodist Church every Thursday evening from 5pm-7pm. [Read more...](#)

## News and Events

### Bad Weather Supplies Distribution

The Bad Weather Supplies distribution is now under way at First United Methodist Church, Pasadena, on Thursday nights. We will be giving out cold/wet weather supplies, providing some basic health care services, and offering motel stays on wet and cold nights.

**FRIENDS IN DEED** FRIENDS IN DEED in partnership with the FIRST UNITED METHODIST CHURCH provides

**BAD WEATHER Supplies**

**EVERY THURSDAY**  
January 5<sup>th</sup> through March 30<sup>th</sup>, 2023 | 5:00pm to 7:00pm  
First United Methodist Church | 500 E Colorado Boulevard

**BAD WEATHER SUPPLIES OFFERINGS:**

Cold Weather Supplies	Nurse Visits / Wellness Checks	Weather Activated* Limited Motel Stays (based on eligibility)
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\*Weather Activated: forecast to be 40° degrees and below or 40% chance of rain

**QUESTIONS?** Call or email FRIENDS IN DEED  
Lindsey@friendsindeedpas.org | 888 915 8111

### Bad Weather Supplies Donations

If you are interested in donating supplies of (gently used or new) cold-weather clothing, PPE, or equipment such as tarps and sleeping bags (click on the image on the right to see the full list) please contact Lindsey at [lindseyr@friendsindeedpas.org](mailto:lindseyr@friendsindeedpas.org)

**FRIENDS IN DEED**

**HELP PROTECT YOUR NEIGHBORS WITH A DONATION TO**

**FRIENDS IN DEED'S BAD WEATHER Supplies**

<b>SUPPLIES:</b> ponchos hand & foot warmers umbrellas blankets tarps backpacks/suitcases sleeping bags	<b>PPE:</b> masks hand sanitizer	<b>CLOTHING:</b> gloves hats jackets/sweatshirts socks waterproof clothing shoes
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**INTERESTED IN DONATING?**  
Email Lindsey at [Lindsey@friendsindeedpas.org](mailto:Lindsey@friendsindeedpas.org)



**Friends In Deed** is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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