



Weekly Message

Dear Friend,

Before I begin this message, on behalf of the staff and board, let me extend our condolences and prayers to all the families affected by the horrific mass shooting in Monterey Park. We serve many folks from this community in our Food Pantry, and we immediately checked to see if any of our clients were among the victims. Thank God, none were. Friends In Deed stands in solidarity with the AAPI community.

Now, to our work this week: A seventy-one year old gentleman who has been homeless since 2010, living in the park; a family with three young children, living in their car; a man in a wheelchair with stuff strapped to the back of the chair; these are a just a few of the nearly 100 people that were in line last night at our Bad Weather Supply distribution program. We were able to place 56 of them into motels starting Sunday (until Wednesday) due to the rain and cold approaching. This took up all of the rooms at one of the motels we partner with; the other ones were already full with clients from other agencies that also place people.

A HUGE shoutout to Lindsey Reed and her amazing team for their hard work, compassion, humor and loving care for all the people. And I want to thank Councilman Jason Lyon for coming to the church last night to witness our work, ask questions, and offer his support. I also met with Mayor Gordo this week, and we had a productive conversation about the funding needs of this program. If you want to learn more about this program and some of the challenges we are facing head-on, you can read [my guest essay](#) in Pasadena Now, or listen to [my podcast](#) from this week.



Pasadena City Councilmember Jason Lyon

And, as always, all our other programs were in full force this week. We averaged 504 households in the Food Pantry and the Eviction Prevention team fielded many calls for rental assistance. Some of the Street Outreach team were taking a domestic violence intensive course while other team members were helping families, seniors and folks facing extreme situations into our program for housing and case management. And, as always, our volunteers were moving and shaking to make sure we can serve even more people, and they and our staff did all this with compassion, connection and dignity!

And of course, none of this is possible without your support, so if you are able to [make a contribution](#), please do! And thank you!

Blessings, and have a lovely weekend,
Rabbi Joshua



We can only operate with your help!

Donate today

Podcast

2023-1 Rent Control Comes to Pasadena: A Conversation with Peter Dreier and Ryan Bell

Recorded on MLK Day, Rabbi Joshua welcomes Dr. Peter Dreier, E.P. Clapp Distinguished Professor of Politics at Occidental College, and Ryan Bell, Southern California Regional Coordinator at Tenants Together, to discuss the recent passing of Measure H, a Pasadena ballot measure approving rent control. Both Peter and Ryan were active in the organizing effort that helped pass this measure, and the conversation discusses rent control in general, what this measure means for the city, and how Dr. King's work on Fair Housing is directly related to this issue.

[Listen now.](#)



Get Social



Sylvia Vega Real Estate

Thank you to Sylvia Vega Real Estate Team - Keller Williams Realty for coming by with a donation to support the programs of FID. We're so grateful for your support, Sylvia Correa Vega and Gary Landon!!

[Read more...](#)

Sackcloth & Ashes

Thank you to Sackcloth & Ashes for the HUGE donation of 600 of their amazing blankets. We're so excited



to distribute these at the Bad Weather Supplies Distribution, as well as through the Street Outreach & Housing and The Women's Room programs! [Read more...](#)



Azusa Pacific University

We're grateful to partner with Azusa Pacific University's Nursing program during another season of Bad Weather Supplies. The nurses offer wound care, wash feet, and do wellness checks for clients. [Read more...](#)

News and Events

Breakfast at TWR

Pre-pandemic, TWR provided a continental breakfast to our guests every day. As more and more restrictions have rolled back we have begun this service again, and we are looking for people willing to commit to providing breakfast one or more days per month. Breakfast items can include mini cereal boxes, milk, juice, bread and bagels, bananas, yogurt, or anything else you enjoy in your own home! If you would be interested please contact Jane Armbruster:

janea@friendsindeedpas.org

After all, breakfast is the most



important meal of the day!

Bad Weather Supplies Distribution

The Bad Weather Supplies distribution is under way at First United Methodist Church, Pasadena, on Thursday nights. We will be giving out cold/wet weather supplies, providing some basic health care services, and offering motel stays on wet and cold nights.

Bad Weather Supplies Donations

If you are interested in donating supplies of (gently used or new) cold-weather clothing, PPE, or equipment such as tarps and sleeping bags (click on the image on the right to see the full list) please contact Lindsey at lindsey@friendsindeedpas.org

Welcome, Stephanie!

We have another new team member! Stephanie Hernandez is an MSW intern and Mental Health Specialist for the Street Outreach program. Her passion for helping others encouraged her to work with vulnerable populations.

[See more...](#)



FRIENDS IN DEED FRIENDS IN DEED in partnership with the FIRST UNITED METHODIST CHURCH provides

BAD WEATHER Supplies

EVERY THURSDAY
January 5th through March 30th, 2023 | 5:00pm to 7:00pm
First United Methodist Church | 500 E Colorado Boulevard

BAD WEATHER SUPPLIES OFFERINGS:

Cold Weather Supplies	Nurse Visits / Wellness Checks	Weather Activated* Limited Motel Stays (based on eligibility)
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*Weather Activated: forecast to be 40 degrees and below or 40% chance of rain

QUESTIONS? Call or email FRIENDS IN DEED
lindsey@friendsindeedpas.org | 388.915.8111



FRIENDS IN DEED

HELP PROTECT YOUR NEIGHBORS WITH A DONATION TO

FRIENDS IN DEED'S BAD WEATHER Supplies

SUPPLIES: ponchos hand & foot warmers umbrellas blankets tarps backpacks/suitcases sleeping bags	PPE: masks hand sanitizer	CLOTHING: gloves hats jackets/sweatshirts socks waterproof clothing shoes
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INTERESTED IN DONATING?
Email Lindsey@friendsindeedpas.org





Friends In Deed is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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