Dear Friend,

In the past few weeks, I have told you about Dana, who came out of her shell and begun to receive case management because of the flower arranging opportunities in The Women’s Room; I have shared a day in the life of our Substance Abuse specialist, Olivia, who spent an entire day helping Rose to procure the needed documentation to get her birth certificate; and I wrote about Danielle, Oscar, and their young children who received rental assistance and an arrears payment to avoid eviction when Oscar became ill and couldn’t work. I share these stories because they describe the work we do each and every week, the human beings we help, and the lives that can be transformed. Today, I am asking for your help.

We are one week away from our Cooking for a Cause event, which promises to be an awesome night! Thank you so much to those of you that have sponsored and bought VIP tickets, we are very grateful! However, we are still around $30,000 from our goal, so we also need all those who haven’t yet joined in. Here is one breakdown of how we can make it happen:

1 person gives $30,000
6 people give $5,000
12 people give $2,500
60 people give $500
300 people give $100
600 people give $50
30,000 people give $1

If you are able to join one of these categories, now is the time! It is only with your support that we can help Dana and Rose, Danielle and Oscar and their children, and all the hundreds of other people who come through our doors each week.
Cooking for a Cause is one of two new fundraising events which incorporate our mission, the community, a fun night, and the raising of necessary funds. Thank you for all your help, and we hope to see many of you next Friday night for Pasadena's own Institute of Culinary Education cooking competition - students, start your stoves!

A reminder that FID programs and offices will be closed Monday in honor of Juneteenth.

Blessings, have a lovely weekend, and Happy Father's Day to all the dads!

Rabbi Joshua
Site Visit from Supervisor Kathryn Barger

Grateful for Supervisor Kathryn Barger's continuous support and recent visit to see our operations in action. Thank you, Supervisor Barger, for taking the time to tour our programs and stay updated on the work we're doing to make a difference. Your support is deeply appreciated by us and the community we serve... Read more.

Salvation Army Luncheon

The Salvation Army recently held its annual luncheon, an event dedicated to honoring individuals with the "Others Award." This award recognizes local civic leaders for their contributions to the community. This year's recipient was Lena Kennedy for her lifetime of community work. Thank you, Salvation Army, for having us... Read more.

News and Events

Cooking for a Cause

We’re creating a culinary competition and keeping it local by partnering with the renowned Institute of Culinary Education (ICE) located on Green Street in Pasadena. Taking place on Friday, June 23rd from 5-7pm, this fun, lively, and tasteful evening will highlight the very real problem of food insecurity in our local community, while raising vital funding for all FID programs that serve greater Pasadena. Full
Cooking for a Cause details here.

**Back to School Drive**

As this current school year ends and summer begins, we are already looking forward to the upcoming school year and making sure the young students in our Food Pantry community can start the year on an equal footing with their classmates. Each year we come to you, our Friends In Deed community, to help us make the Back-to-School Backpack & School Supply Drive a success. We have set up an Amazon “[FID School Supply Drive Wish List](#)” if you prefer to order online and have purchases sent directly to Friends In Deed. You can also click the photo here for a PDF list to take shopping. Thank you!

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**JUNETEENTH**

Juneteenth, or Freedom Day, is the oldest nationally celebrated commemoration of the ending of slavery in the United States. This holiday is considered the longest running African-American holiday and has been called America’s second Independence Day. It was on June 19, 1865, that Union soldiers, led by Maj. General Gordon Granger, delivered the order proclaiming freedom for slaves in Texas.

**JUNE 19, 2023**
Friends In Deed is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees’, volunteers’, and clients’ ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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