

## Friends In Deed Food Pantry

The Friends In Deed Food Pantry has been a staple in the Pasadena community for over 50 years. The Pantry provides food to those in need, **servicing over 525 households each week**. We offer a variety of perishable and non-perishable foods for the community to choose from. To keep our pantry stocked, we rely on the LA Regional Food Bank, grocery stores, local businesses, groups, congregations, schools, and the generosity of individuals like you.

### "Gold" Items – Our Most Needed Shelf-stable Items

Canned tuna & chicken, hearty soups, stew, chili, pasta & pasta sauce, peanut butter, cereal, rice, oil, sugar, flour, fruit juice, and vegetable juice (V8)

### Other Needed Food

Dry & canned beans, sliced bread, canned fruits & vegetables, coffee, jelly, shelf-stable or powdered milk

### Toiletries

Soap (bar), toothbrushes, toothpaste, shampoo, conditioner, deodorant, lotion, razors, and toilet paper

### Dog & Cat Food

**Fresh Poultry & Meats, Fresh Fruits & Vegetables, Packaged Prepared Foods, Deli Meats, Milk, Cheese & Eggs**

**Not sure what to donate or want to shop online?  
Check out our Amazon Wishlist:**



### Friends In Deed

444 E. Washington Blvd. Pasadena, CA 91104  
(SE Corner of Washington and Los Robles)  
626-797-6072

**Deliveries Accepted Fri & Sat, from 9:00a-3:00p**

\*Ring the Bell at the red door in the parking lot\*

[www.friendsindeedpas.org](http://www.friendsindeedpas.org)

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