



## Weekly Message

Dear Friend,

This was a busy week in The Women's Room! Last Saturday, we had an art show at First United Methodist Church which displayed several pieces from our TWR guests. This followed a concert at the church, so many people were able to enjoy the art—including FID board members, volunteers and even a few of the ladies. Kudos to Lindsey, TWR Director, for setting up such a beautiful display. On Tuesday, we had the most guests ever in one day: 50! There was lots of activity, thankfully enough food, and a bit of good chaos. A huge shout out to Lindsey, Jane, Jenny and the volunteers for handling it with grace, as always. Yesterday there was a fun Halloween party with games, costumes, fun food and lots of laughter. We have been seeing many new guests, some coming with their friends, which shows how special and safe ladies feel.



Director of The Women's Room Lindsey Reed with volunteers at the TWR art show.

There are a few other significant numbers I would like to share with you from this week. The Food Pantry saw the most number of people ever: 626 households. The Street Outreach and Housing team reached 106 people transitioned off the streets into bridge or permanent housing for this year. And EPRA has had the most calls in one month of people seeking assistance: 90. We are constantly

trying to understand why the numbers increase, and while I wish I can offer concrete answers, we honestly don't often know, save for the fact that food and gas prices remain high, rents remain high, housing remains scarce and people need help. That is why we are here, and we are doing our best to serve folks, always with compassion, connection and dignity.

Finally, another significant moment took place this week, one that will greatly increase our ability to help people in need. Supervisor Kathryn Barger came to FID House and presented us with a check for \$200,000! We are very grateful for the Supervisor's support, which she showed not only in providing funds, but staying for nearly an hour and a half, talking to staff, witnessing our programs in action, and perhaps most importantly, sitting with two of our TWR guests, listening to their stories and speaking personally with them. It was a good day!



Supervisor Kathryn Barger presenting FID with a check.

We are so grateful for all of your support, and appreciate all that you do to help us take care of the most vulnerable in our community. This was certainly a week of 'doing together what we cannot do alone.'

Blessings and have a lovely weekend,  
Rabbi Joshua



**We can only operate with your help!**

**Donate today**

**Forever Friends Legacy Society**

## Get Social



### TWR Art Show

Captivating creations at The Women's Room Art Show hosted at First United Methodist Church! Our talented guests from TWR showcased their incredible artistry. Grateful for the presence of FID board members, volunteers, and TWR guests...[Read more.](#)

### Food Pantry Creations

Delicious creations made by one of our pantry community members using ingredients from our Food Pantry. The first dish is jalapeño corn bread with apples and blueberries made from corn bread mix and canned jalapeños. From pantry to plate, they're cooking up inspiration...[Read more.](#)





### First United Methodist Church Care Kits

The Sunday School kids at First United Methodist Church had fun decorating bags to fill with crackers, tuna, breakfast bars, water, fruit and cookies so that The Women's Room clients will have nutrition and snacks for weekends when most services are closed. They enjoyed showing off their artwork...[Read more.](#)



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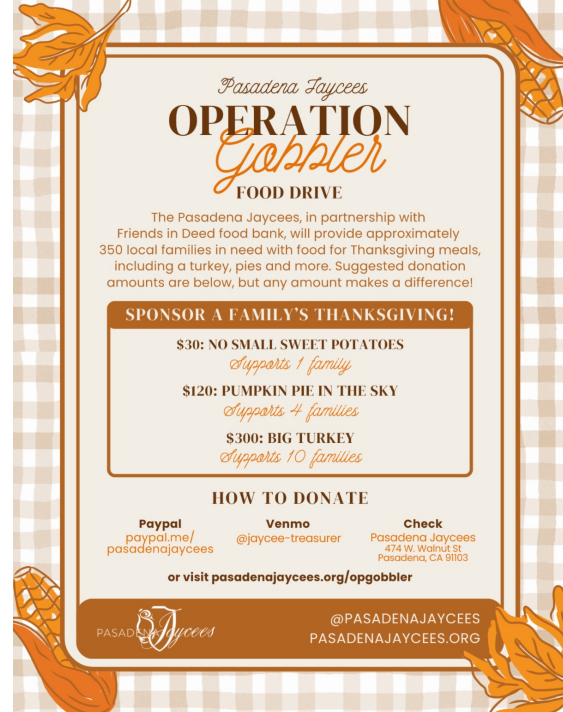
## News and Events

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### Operation Gobbler

We're looking forward to partnering with the Pasadena Jaycees for the annual Operation Gobbler food drive! This project supports approximately 300 Pasadena-area families in need. If you are interested in donating turkeys or other Thanksgiving food, email [Tim](#) or call 626.797.6072.

More information available [here](#).



## Christmas Tree Sale

The holidays will be here before we know it! Saint Mark's Episcopal Church is holding a Christmas tree fundraiser to benefit Friends In Deed again this year. ☐ [Place your tree order today](#) (or by November 13th at the latest!) and have it delivered locally or pick it up yourself on December 2nd.

**2023 Saint Mark's Episcopal Church Christmas Tree Sale**  
**Order by 12 pm Monday November 13 for a December 2 pick up**  
[www.SaintMarksChristmasTrees.org](http://www.SaintMarksChristmasTrees.org)

All proceeds support Friends in Deed  
 Meeting the needs of Pasadena's most vulnerable residents

Douglas Fir	Noble Fir	Nordmann Fir
Size Price	Size Price	Size Price
5' - 6' \$70.00	5' - 6' \$85.00	5' - 6' \$85.00
6' - 7' \$75.00	6' - 7' \$105.00	6' - 7' \$105.00
7' - 8' \$90.00	7' - 8' \$135.00	7' - 8' \$135.00
8' - 9' \$105.00	8' - 9' \$165.00	8' - 9' \$165.00
	9' - 10' \$210.00	9' - 10' \$210.00

**Sales:**  
 Order online by 12 PM Monday, November 13

**Pick Up:**  
 Saturday December 2  
 8 AM to 11 AM  
 Saint Mark's Parking Lot  
 1014 East Altadena Drive  
 Altadena, CA 91001

**For more information contact:**  
 Tom Horner  
[tom@catalinaislandcamps.com](mailto:tom@catalinaislandcamps.com)  
 626-379-8533

**Donate a Tree to a Local Family**  
 Saint Mark's Episcopal Church and the Pasadena Police Activities League deliver 5' to 6' Douglas Fir trees to local families that cannot afford a tree this season.  
**\$70 per tree**

**Local Delivery Available to**  
 Altadena, Pasadena, Sierra Madre  
 Delivery will take place  
 Saturday December 2 between 8:30am and 12pm  
**Donation \$25**

**Buy online at**  
[www.SaintMarksChristmasTrees.org](http://www.SaintMarksChristmasTrees.org)

**LAST DAY TO ORDER 12 pm Monday November 13**

## State of FID Address

We hope you will join us for our annual State of FID Address to learn the latest on all our programs and ask questions directly to FID leadership. All Friends In Deed supporters are invited to attend online (Zoom link coming soon).

**State of FID Address**

**11** **15** **23**

MONTH DAY YEAR

**5:00pm**  
 Available for viewing on Zoom



**Friends In Deed** is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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