



## Weekly Message

Dear Friend,

A number of years ago, we started a program called "Breakfast Bites" with the idea that groups that wanted to help us serve our Pantry community, but maybe didn't have time to commit to a regular volunteer shift, could bring breakfast to the pantry community while the community was waiting to "shop" for their groceries. For the last couple of years, students at Friends Western School have come to tour the Food Pantry, learn about what we do, and then plan to provide breakfast to our community at least one day a semester. On this most recent visit, they brought breakfast bars, donuts, oranges, coffee, and juice. The kids and the pantry community have a lot of fun interacting with each other on these Breakfast Bite days.

This opportunity is wonderful for groups that may have a larger number of volunteers, and our schedule is pretty flexible for any Tuesday, Wednesday, or Thursday. If you want to have a great time and provide the community with breakfast, please be in touch with [Helen](#) or [Tim](#).



As we head into Thanksgiving week (can you believe it!), we are thrilled once again to partner with the Pasadena Jaycees for Operation Gobbler, giving out turkeys to our pantry families this Sunday. This year we have 326 households registered! Please read [this wonderful article in today's Pasadena Now](#) to learn more.

We are so very grateful for all your support, generosity, and commitment to FID; and, especially during this season of Thanksgiving, please know how much we appreciate each and every one of you, knowing that we are truly "doing together what we cannot do alone."

Blessings and have a lovely weekend,  
Rabbi Joshua



**HAPPY THANKSGIVING!**

Thursday 11/23 - Sunday 11/26  
FID OFFICES CLOSED



**We can only operate with your help!**

**Donate today**

**Forever Friends Legacy Society**

**Get Social**



### **Pasadena-Foothills Realtors Socktober Drive**

Pasadena-Foothills Realtors, PFAR, gathered and donated over 300 pairs of socks during their Socktober Drive. Thank you for your continued support in keeping our clients warm this winter...[Read more.](#)

### **Progressive Volunteer Day**

A big shoutout to the amazing team at Progressive Insurance



Claims for their volunteer efforts at our Food Pantry. Their food drive brought in 300 pounds of essential items, supporting around 20 families in our community. We truly appreciate your commitment to making a positive impact...[Read more.](#)



## TWR Writing Group

Despite the many challenges they face in their daily lives, guests in The Women's Room have taken the Thanksgiving season to heart to reflect on what they're grateful for—from new beginnings and supportive friends to God's grace and the glory of sun, moon, and stars. A first-time participant in the writing group cited her gratitude to TWR for providing her with a "safe place to come to during the day," where she is surrounded by the "friendly faces" of staff, volunteers, and fellow guests...[Read more.](#)

# News and Events

## State of FID Address

Thank you to all who attended our State of FID Address. In case you missed it, [the recording is available for viewing on Zoom.](#)

State of FID Address

11

15

23

MONTH

DAY

YEAR

Recording available for viewing on Zoom

## Operation Gobbler

We're looking forward to partnering with the Pasadena Jaycees for the annual Operation Gobbler food drive! This project supports approximately 300 Pasadena-area families in need. If you are interested in donating turkeys or other Thanksgiving food, email [Tim](mailto:Tim) or call 626-797-6072.

More information available [here](https://pasadenajaycees.org/opgobbler).



*Pasadena Jaycees*  
**OPERATION Gobbler**  
FOOD DRIVE

The Pasadena Jaycees, in partnership with Friends in Deed food bank, will provide approximately 350 local families in need with food for Thanksgiving meals, including a turkey, pies and more. Suggested donation amounts are below, but any amount makes a difference!

**SPONSOR A FAMILY'S THANKSGIVING!**

\$30: NO SMALL SWEET POTATOES
<i>Supports 1 family</i>
\$120: PUMPKIN PIE IN THE SKY
<i>Supports 4 families</i>
\$300: BIG TURKEY
<i>Supports 10 families</i>

**HOW TO DONATE**

<b>Paypal</b> paypal.me/ pasadenajaycees	<b>Venmo</b> @jaycee-treasurer	<b>Check</b> Pasadena Jaycees 474 W. Walnut St Pasadena, CA 91103
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or visit [pasadenajaycees.org/opgobbler](https://pasadenajaycees.org/opgobbler)

PASADENA Jaycees @PASADENAJAYCEES PASADENAJAYCEES.ORG

## Rose Bowl Aquatics Center Food Drive

Thanks to our friends at the Rose Bowl Aquatics Center who are once again collecting food donations for our Food Pantry! You can drop off food pantry items to the RBAC's front desk between now and November 21st!



## Vroman's Bookstore Food Drive

Vroman's Bookstore is once again collecting non-perishable/shelf-stable foods and various toiletries for Friends In Deed! Be sure to bring these donations to either the Colorado Boulevard or Hastings Ranch locations, November 11th-19th. Each store will have a large collection box at the entrance for donation drop-offs.



**Annual Holiday FOOD DRIVE**

**NOVEMBER 11 - 19**

in partnership with

**FRIENDS IN DEED FOOD PANTRY**

**ALL NON-PERISHABLE & SHELF-STABLE FOODS ARE WELCOME**

**DROP OFF AT COLORADO BLVD & HASTINGS RANCH STORES**

Logos for Friends in Deed and Vroman's Bookstore are present. An illustration of a donation box with a heart and the word 'DONATION' is also shown.

## Will Hike for Food 2023

Are you looking for a way to Opt Outside next weekend? "Will Hike For Food" is happening Friday, November 24th at 8:30am at Hahamongna Park: JPL/Devil's Gate Dam Loop (meet in the parking lot at the corner of Oak Grove Drive & Foothill Boulevard, La Cañada Flintridge, CA 91011). The group will be collecting non-perishable food items to donate to our FID Food Pantry upon arrival, and then going for a 3-mile moderate hike – the trail is mostly flat with a few gentle inclines. More information [here](#).

### **Giving Tuesday at Lavender and Honey**

Indulge in the spirit of giving this Giving Tuesday, 11/28 at Lavender and Honey! ☐ Every purchase on this special day supports Friends In Deed, making your treat twice as sweet. Let's spread warmth and kindness, one delicious sip at a time.

☐ Lavender and Honey  
1383 E. Washington Blvd.  
Pasadena, CA 91104

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**Friends In Deed** is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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