



Weekly Message

Dear Friend,

Richard was living on and off the streets for 15 years. Sometimes he managed to find seasonal work, and sometimes housing, but never anything permanent.

One wet and miserable night he was getting a meal at Pasadena Presbyterian Church when he was told that the church across the street was giving out motel vouchers. This, of course, was FID's Bad Weather Supplies distribution at First United Methodist Church. Richard got in line, and was very happy to not just get a motel room for the night, but also clean, dry socks.

Richard was open to working with FID's Street Outreach and Housing team, and they moved into action. They put in a referral to Union Station Homeless Services to work with Richard to help him get back into employment, and Olivia and Najwa began working with him to get him into housing. It greatly helped the process that Richard was able to provide all the right documentation and was clearly dedicated to seeing everything through.

Recently, Richard moved into his own room in supportive housing. As he was handed the keys, the manager of the facility said "welcome home" - the first time in many years, says Richard, that anyone has said that to him. It's been a game changer. He can lock the door and feel safe, take showers whenever he needs them, use the bathroom without having to buy a sandwich in a restaurant first, and he doesn't have to worry about where to charge his phone. Most of all, he can make plans for what he's going to do for the day, and then think "... and then I'll go home."



Richard holding the keys to his new apartment.



FID staff members Stephanie and Najwa helping Richard move in.

This is just one of many stories from the street, and ["Stories from the Street,"](#) our fall fundraiser, is only a few weeks away! We are grateful to everyone who has joined as a sponsor or donated already. It is never too late to give at this level. But now we are moving on to the next request: since this is a movie night, can you donate what it costs to go out to the movies? Here is what I am thinking: tickets for two, \$40; popcorn and drinks, \$20-25; maybe some candy, \$10. That is somewhere between \$60-\$80. Obviously, if you go alone or with the family, add or subtract as applies. Since there are no tickets for our movie night, this is the equivalent, and you are giving for a good cause! If you like this idea, [donate today](#).

And, for inspiration, please [listen to my latest podcast](#), which is an extended interview with Steve Lopez, the Los Angeles Times columnist and author of [The Soloist](#), the book upon which the film is based.

Finally, Monday is Yom Kippur, one of the holiest days in the Jewish calendar. It is the custom to use the following traditional phrase, so I ask of you, our FID community: if I have done anything to hurt you, either intentionally or unintentionally, I humbly ask your forgiveness. As a leader, I do my best to serve our staff, volunteers, donors, board members and everyone who cares about our organization; sometimes I fall short. For this, I am sorry and will strive to do better.

Blessings and have a lovely weekend,
Rabbi Joshua



Stories from the Street

Experience an unforgettable night under the stars at our outdoor movie night fundraiser, featuring *The Soloist* on Saturday, October 14th at Farnsworth Park in Altadena. Support our fundraiser, come enjoy a movie, and walk away with a little more awareness around homelessness. Join in making a positive impact and enjoying a night of entertainment!

More information [available here.](#)

FRIENDS
IN
DEED



SATURDAY, OCTOBER 14, 2023 | 5:30PM
AT FARNSWORTH PARK AMPHITHEATRE

We can only operate with your help!

Donate today

Forever Friends Legacy Society

Get Social



Flintridge Sacred Heart

It was wonderful to have a group of Flintridge Sacred Heart students and staff help in the Food Pantry. They jumped right into stocking shelves and prepping for opening, helped where needed, and finished the day meeting and assisting our pantry community as they came for food. Thank you, Flintridge Sacred Heart... [Read more.](#)

Welcome, Nora!



Nora is pursuing her master's in Social Work from California State University, Northridge. In September 2023, she started her MSW internship with Friends In Deed, where she works in The Women's Room.

Before starting graduate school, Nora worked as a writer and editor for the Lost Women of Science podcast. She has also worked as a fact checker, canvassed for a union, and conducted therapy for kids. She earned her BA in English from Barnard College in 2018... [Read more.](#)



Nothing Bundt Cakes

Thank you to Ingrid Kuo and her Pasadena Nothing Bundt Cakes team for thoughtfully donating these treats to The Women's Room's Sweet Sixteen celebration last week. Your kindness adds a special touch to our moments of joy... [Read more.](#)

News and Events

Free Flu shots at FID

Huntington Hospital nurses will be offering flu shots to our pantry community on Tuesday, Oct 10 from 9 to 11am.

[More information here!](#)

2023 Free Flu Vaccine Clinic



Tuesday, October 10th
9:00 a.m. - 11:00 a.m.

Friends in Deed
444 E. Washington Blvd.,
Pasadena

Flu vaccine requirements:

- No COVID-19 or flu like symptoms.
- At least 18 years old, or giving consent for your child, ages 9-17 years.
- Not allergic to eggs or the influenza vaccine.
- Not have a history of Guillain-Barre-syndrome.

For more information call (626) 397-3376

Leave a Lasting Legacy

Thank you to those who were able to attend our Leaving a Lasting Legacy event! We hope you enjoyed the presentation on planned giving by Certified Financial Planner Juan C. Ros. For those not able to attend live, please click below to listen/watch at your own convenience:

[Recording Available Here!](#)



Water Bottles Needed!

Summertime heat is especially dangerous for people experiencing homelessness. Please consider purchasing an extra case of water bottles next time you are at the market. On-site donations are appreciated Fridays and Saturdays from 9am to 3pm at 444 E. Washington Blvd.





We wish you

A MEANINGFUL YOM KIPPUR

May you have a year filled with love, peace, and wisdom.





Friends In Deed is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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Friends In Deed | 444 E. Washington Blvd., Pasadena, CA 91104

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