



## **Weekly Message**

Dear Friend,

Lisa, a cherished guest of The Women's Room, has braved the streets of Pasadena for over a decade. Recently diagnosed with dementia and facing various health challenges, she grapples with forgetting appointments, misplacing belongings, and remembering the status of her housing progress. Despite these hurdles, TWR offers her a safe haven during the day, where the staff diligently supports her and assists in navigating her struggles.

At TWR's holiday party, Lisa shared that it was her 70th birthday on December 15th. A thoughtful donor had approached Director of The Women's Room Lindsey Reed months ago at our Stories from the Street event, expressing a desire to donate a bike to a woman in need. She turned up with the bike, having already purchased a new lock and storage bag, making it a great gift. Lindsey kept the bike in storage waiting for the right recipient. It quickly became clear that Lisa was the perfect person to receive this gift.

The pure and palpable joy emanating from Lisa as she rode off on her new birthday gift was truly heartwarming. We are immensely grateful for the opportunity to bring Lisa a moment of joy in the midst of her daily challenges.



Lisa and her new bicycle



TWR guests Lisa and Jessica

We will continue the gift-giving spirit this weekend with our annual holiday toy drive, serving the kids and families in our Food Pantry community. As with almost everything else this year, we will be helping a record number – 320 kids! Huge thanks to Vroman’s Bookstore, our longtime partner, and the many, many people who donated gifts. It is going to be a chaotic weekend for Tim, Eva, Kristina, and the volunteers, who will spend hours organizing the gifts to make sure Sunday’s giveaway goes smoothly. It is a labor of love!

Finally, we have a few more weeks of our winter appeal, so [please give](#) if you haven’t already. Huge thanks to all of those who have shown their generosity already; we are very grateful. As always, our motto rings true; ‘doing together what we cannot do alone.’

Blessings and have a lovely weekend,  
Rabbi Joshua



**We can only operate with your help!**

**Donate today**

## Get Social



### TWR Royal Tea Party

An afternoon tea fit for queens! ☐ The Women's Room had the pleasure of hosting a Royal Tea Party, and enjoyed the presence of the Rose Parade Pasadena Tournament of Roses Queen and Court. ☐☐ There was laughter, conversation, and warmth, while our guests savored an array of teas and delightful homemade treats...[Read more.](#)



### Breakfast Bites

Friends Western School spreading warmth and kindness with their latest 'Breakfast Bites' at the Food Pantry! ☐☐ Thank you for making mornings brighter for those we serve...[Read more.](#)

### Sewa Diwali Food Drive

Grateful for the generosity of Hindu Swayamsevak Sangh (HSS) during Sewa Diwali! ☐ They organized a food donation drive for our Food Pantry, bringing 7 carloads of essential supplies. This joint initiative, in alignment with Sewa Dharma, emphasizes 'Service to Humanity is Service to Divinity.' Thank you



for shining light...[Read more.](#)



## Welcome Virginia

Virginia is the Outreach Team Lead and Mental Health Specialist at Friends In Deed. She has a passion for self-development as it pertains to helping others. Virginia is a firm believer that in order to facilitate growth and healing in others, one needs to cultivate self-awareness, self-compassion, and love for oneself...[Read more.](#)



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## News and Events

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### The Women's Room on CBS/KCAL News!

Thank you to Kara Finnstrom and KCAL News for featuring The Women's Room on their "People Making a Difference" segment. [Watch the story here!](#)



### State of FID Address

Thank you to all who attended our State of FID Address. In case you missed it, [the recording is available for viewing on Zoom.](#)

## State of FID Address

11

MONTH

15

DAY

23

YEAR

Recording available for viewing on Zoom



**Friends In Deed** is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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