



Weekly Message

Dear Friend,

Our Director of the Food Pantry, Tim Nistler, shared the following with me. And since Tim is one of a kind, I'm going to leave this directly in his words!

People will often ask, "What is the most popular food in the Food Pantry?" That gets a lot of different answers from the Pantry team. Produce is always a good answer. We distribute over 4,000 pounds every week. Meat is always popular. The first place most people go after getting checked in, is to the meat fridge. Desserts are nice. Everyone likes a little sweet after dinner. Oil is a kitchen essential and will leave our shelves as fast as we fill them. But if this past week is any indication, the answer is eggs. It doesn't matter someone's ethnicity, age, background, etc., everyone always asks for eggs. We even have a sign that says "Sorry, no eggs today."

Well, this past week, we were able to give out over 800 dozen. That's right, over 800 dozen. Everyone that wanted eggs got a dozen and some folks even got two dozen. It was an eggcellent week!

That's 9,600 eggs! It's weeks like these that we get the reminder of how valuable the things many of us take for granted truly are. And eggs just might be a part of the 'mystery bag' which our aspiring chefs will need to use during Monday's [Cooking for a Cause](#)! See how I seamlessly made that transition.

We are super excited for Monday and look forward to seeing everyone who bought sponsorships and tickets! We still have a few [tickets](#) left if you want to join us.

Blessings and have a lovely weekend,

Rabbi Joshua



We can only operate with your help!

Donate today

Forever Friends Legacy Society

Get Social



Safety Awareness Month

June is Safety Awareness Month at Friends In Deed! Our team participated in CPR training and conducted safety audits of our office spaces to ensure a secure environment for everyone. We are dedicated to prioritizing safety in our daily activities...[Read more.](#)

Rise Pasadena Breakfast Bites

Thank you to Rise Pasadena for treating our Food Pantry community to tasty Breakfast Bites! We are grateful for your generosity! ???...[Read more.](#)



News and Events

Cooking for a Cause

Join us for an epic culinary showdown, presented in partnership with the incredible Agnes Restaurant and Cheesery. Taking place on Monday, June 24th, 5:30-7:30pm, it promises to be a super evening of premier cooking competition, camaraderie, and flavorful fun. [Full details here.](#)



Farm Fresh to You

Revitalize your plate with organic goodness! Our partnership with Farm Fresh To You lets you enjoy fresh, organic produce delivered to your door, and 10% goes back to supporting Friends In Deed. It's a win-win for healthy living and community support! Just visit [Farm Fresh to You to sign up.](#)

If you are a current customer, [use this link to automatically add the fundraising code:](#)
FRIENDSINDEED





CELEBRATING
130
Years of Service
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Friends In Deed is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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