



Weekly Message

Dear Friend,

In these few weeks leading up to [Cooking for a Cause](#), where we will highlight the issue of food insecurity and how FID works to combat it, I want to share stories that come directly from our Food Pantry staff. Here is one from this week, shared by our Food Pantry Program Associate, Kristina Martin:

A mother and daughter came to drop off a donation today. They come fairly often, about once a month, and they are always on the lookout for deals. They do it as an activity together and enjoy going on the hunt. Today, for their 100 pound drop-off of shelf stable items like macaroni and cheese, sugar, and also toiletries like toothpaste and mouthwash, they told us a story about how they were in line at the store buying macaroni and cheese in bulk and one woman asked what they were doing with it all. They told her they were buying it for Friends In Deed Food Pantry and began talking about our program. The lady was so impressed, she reached into her wallet and gave the mother and daughter an extra \$20 to add to the pot! So not only were the mother and daughter spending their own money giving back, but were able to spread the word and create even more community cheer!

I love this story not only because it shows how thoughtful this mother and daughter are to buy food to donate; but they are also sharing our mission and message with the community, helping others to learn about what we do at FID! Thank you so much!

We are so grateful for those of you that have already donated or bought sponsorships for [Cooking for a Cause](#) – it is filling up fast! We are in the final two week push, so make sure you don't miss out on your chance to join us for this awesome evening of culinary wizardry, where aspiring chefs will have one hour to create a beautiful dish, with the key ingredients being a 'mystery' bag of food from that week's Food Pantry shopping options. It is fun, educational, and advocacy all wrapped into one yummy night! All of the information is on our [website](#), so don't wait, sign up now and

help us reach our goal!

Blessings and have a lovely weekend,

Rabbi Joshua



We can only operate with your help!

Donate today

Forever Friends Legacy Society

Get Social



Pride Month

Happy Pride Month! ??? We celebrate the resilience, accomplishments, and vibrant diversity of the LGBTQ+ community. Let's continue to champion love, equality, and acceptance for all...[Read more.](#)

Mobile Clinic

Our Street Outreach and Housing team joined the Southern



California Medical Center's mobile clinic for its first visit on Monday at The Salvation Army. The clinic will return every 1st Monday of the month from 9am-2pm, offering essential services like vaccines, flu shots, vision exams, primary care referrals, transportation assistance, and dental screenings...[Read more.](#)



Friends Western School

We are grateful to Friends Western School for their incredible support throughout the 23-24 school year! They started with a tour and talk at our Food Pantry, provided Breakfast Bites to our Pantry community twice, held a successful food drive, and even invited Tim to their school for an interview for their paper...[Read more.](#)

News and Events

Cooking for a Cause

Join us for an epic culinary showdown, presented in partnership with the incredible Agnes Restaurant and Cheesery. Taking place on Monday, June 24th, 5:30-7:30pm, it promises to be a super evening of premier cooking competition, camaraderie, and flavorful fun. [Full details here.](#)



Farm Fresh to You

Revitalize your plate with organic goodness! Our partnership with Farm Fresh To You lets you enjoy fresh, organic produce delivered to your door, and 10% goes back

to supporting Friends In Deed. It's a win-win for healthy living and community support! Just visit [Farm Fresh to You to sign up](#).

If you are a current customer, [use this link to automatically add the fundraising code: FRIENDSINDEED](#)



Friends In Deed is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color,

ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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