



## Weekly Message

Dear Friend,

Vicky is one of our Thursday Food Pantry volunteers who recently started feeling sick and actually blacked out during her shift. Eva, our Food Pantry Manager, shared this note that Vicky wrote and brought, along with a cake, to say thanks for the care and support she received. Here is the note:

*"I want to THANK YOU and your STAFF for the love, support and concern they gave to me when I had the blackout. The response was so AWESOME. They wanted me to be myself and not feel any pain or be scared as to what happened. Then you made sure that the 1st responders came and did their examination as well.*

*My many THANKS to the volunteers who were there. Everyone stopped what they were doing and rushed to my aid. What an awesome group. I felt so privileged when another volunteer agreed to take me to Urgent Care without any hesitation. She was there every step of the way with me during all the testing and procedures that were done by the doctors to make sure I did not show any negative results from the testing that was done. In fact, she too had questions for the doctors. My thanks to the volunteer who drove my car to my house. Other volunteers too had many questions for me to make sure I understood his questions and the responses were accurate.*

*Everyone lent a helping hand at the spur of the moment. Your name 'Friends In Deed' showed the true meaning of it.*

*God Bless All of You!"*

We are grateful that Vicky is doing ok, and I want to also thank the staff and volunteers who cared for her. It is what community is all about!

Even as we are in the heat of the summer, we are also preparing our back-to-school backpack and supply drive. Please look at the [lists of needed items and guidelines for delivery.](#)

Finally, we are super excited for our upcoming 130th birthday celebration, August 22nd at First United Methodist Church! It is going to be a fun and celebratory event, with food, mocktails, music, some activities, and lots of memorabilia from our 130 years of service, including a history timeline around the room. You won't want to miss it! It is a free event, but [please RSVP](#) so we have an accurate count for food and drinks.

Blessings and have a lovely weekend,

Rabbi Joshua



**We can only operate with your help!**

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### **Corporate Citizen of the Year Award**

Thank you to the Pasadena Chamber of Commerce for honoring Friends In Deed with the Corporate Citizen of the Year award! We are humbled and grateful for this recognition, which highlights our 130 years of dedicated service to the community...[Read more.](#)



## Huntington Health Donation

Thank you to Daniel and Huntington Health's Office of Philanthropy for their donation of disposable plates, napkins and cups. These items will help our programs continue to serve our clients. We appreciate your ongoing generosity, Huntington Hospital...[Read more.](#)



## Summer volunteers at the Food Pantry

Now that summer is here, some of our volunteers bring their kids to help out at our Food Pantry! The kids are not only making new friends and learning about food, but also bringing smiles to the faces of our pantry community. It's wonderful to see them jump in and be so helpful...[Read more.](#)

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## News and Events

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### Cooking for a Cause Recipes

We're excited to share recipes for the three flavorful dishes created by aspiring chefs Ximón, Desiree, and Diana! Now you can recreate these culinary masterpieces at home. [View the recipes here.](#)



### 130th Birthday Celebration

Join us for an evening of

celebration, community, and gratitude. There will be food, activities, and a walk down memory lane as we honor the incredible journey of Friends In Deed and the impact we've made together. [Registration for the free event is now open.](#)



### Farm Fresh to You

Revitalize your plate with organic goodness! Our partnership with Farm Fresh To You lets you enjoy fresh, organic produce delivered to your door, and 10% goes back to supporting Friends In Deed. It's a win-win for healthy living and community support! Just visit [Farm Fresh to You to sign up.](#)



If you are a current customer, [use this link to automatically add the fundraising code:](#)  
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Friends In Deed | 444 E. Washington Blvd. | Pasadena, CA 91104 US

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