# Friends In Deed Food Pantry

The Friends In Deed Food Pantry has been a staple in the Pasadena community for over 50 years. The Pantry provides food to those in need, **serving over 600 households each week**. We offer a variety of perishable and non-perishable foods for the community to choose from. To keep our pantry stocked, we rely on the LA Regional Food Bank, grocery stores, local businesses, groups, congregations, schools, and individuals.

## "Gold" Items - Our Most Needed Shelf-stable Items

Canned tuna & chicken, cereal, peanut butter, rice, hearty soups, stew, chili, pasta & pasta sauce, oil, sugar, flour, shelf stable juices, and plant based products

### Other Needed Food

Dry & canned beans, sliced bread, canned fruits & vegetables, coffee, jelly, shelf-stable milk, gluten free foods, vegetarian & vegan foods.

### **Toiletries**

Soap (bar), toothbrushes, toothpaste, shampoo, conditioner, deodorant, lotion, razors, and toilet paper

## Dog & Cat Food

Fresh Poultry & Meats, Fresh Fruits & Vegetables, Packaged Prepared Foods, Deli Meats, Milk, Cheese, & Eggs

Not sure what to donate or want to shop online? Check out our Amazon Wishlist



### Friends In Deed

444 E. Washington Blvd. Pasadena, CA 91104 (SE Corner of Washington and Los Robles) 626-797-6072

## Deliveries Accepted Fri & Sat, from 9:00a-3:00p

\*Ring the Bell at the red door in the parking lot\* www.friendsindeedpas.org

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