



Weekly Message

Dear Friend,

As we wind down Women's History Month, this story is perfect and emblematic of what happens at The Women's Room on any given day.

One morning at TWR, Maria started dancing to the radio —a carefree moment just for herself.

Juliet, our TWR Program Attendant, walked in, catching her mid-spin. They both giggled. Instead of stopping, Juliet joined in.

That night, Juliet thought about that moment. It was so small, yet so powerful. In a life filled with uncertainty, The Women's Room gave Maria something rare: the space to be herself. To be silly. To let go. To dance.

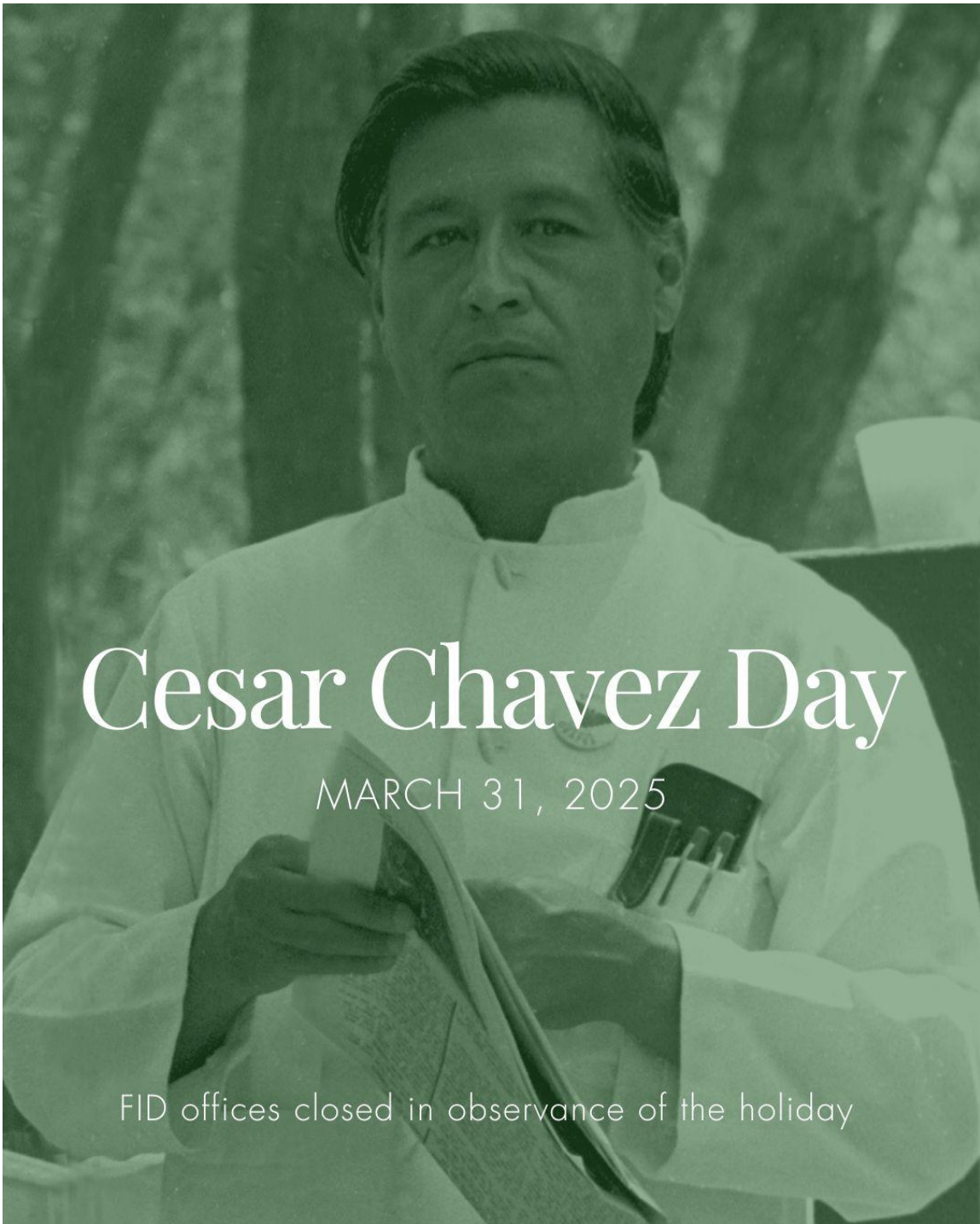
Because here, joy is just as important as a meal or a shower.

How true this is: joy is just as important as our physical needs; sometimes even more. In our world, where there is so much pain, uncertainty, and fear, dancing and laughing can unlock a positivity in the soul that can counteract all the negativity, even for just that moment. We are thrilled that Juliet recognized that, and joined Maria in her moment of joy!

I want to thank everyone who participated in our first EmpowerHer series. It was a big success and we look forward to building on that for next year. Kudos to Merria, Elyse, and Dani for conceptualizing and executing three wonderful, creative, and FUN events.

Finally, wishing our Muslim neighbors a Ramadan Kareem, as they celebrate Eid Al-Fitr, the end of their fasting season.

Blessings and have a lovely weekend,
Rabbi Joshua



We can only operate with your help!

Donate today to support our community!

Forever Friends Legacy Society

Get Social



We're thrilled to welcome Christina Rebers to Friends In Deed!

She is our newest Housing Navigator on the Street Outreach and Housing Team...[Read more.](#)



A "Souper" Generous Donation!

Thank you to the Pasadena Chapter of Jack and Jill of America for hosting a Souper Bowl of Caring food drive in support of our Food Pantry! Your generosity will help stock our shelves and nourish our community...[Read more.](#)

We thoroughly enjoyed Trivia Night

Thank you to everyone who helped make EmpowerHER's final event a

hit!...[Read more.](#)



Thank you to The Shakespeare Club of Pasadena for welcoming our Executive Director, Rabbi Joshua Levine Grater, to speak at your General Meeting!

Your commitment to care and compassion aligns beautifully with our mission at Friends In Deed...[Read more.](#)

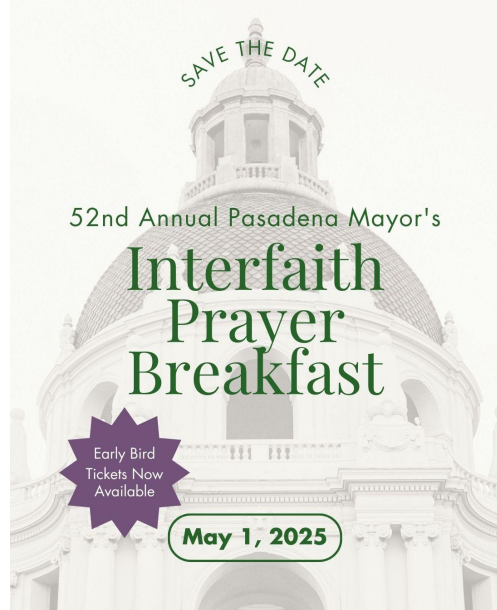
News and Events

SAVE THE DATE: 52nd Annual Pasadena Mayor's Interfaith Prayer Breakfast

Thursday, May 1, 2025

Early bird tickets are now available!

[Purchase Tickets](#)



Bad Weather Shelter

The Bad Weather Shelter is open at Trinity Lutheran Church on a weather-activated basis from January 9th through April 30th.

[View more information on our website.](#)





2025 UPCOMING EVENTS

Mayor's Interfaith Prayer Breakfast: May 1
Pasadena Convention Center

Golfing for Good: June 9
Brookside Golf Club

Stories from the Street: June 21
One Colorado

Cooking for a Cause: September
Agnes Restaurant and Cheesery

Event dates are subject to change

www.friendsindeedpas.org

WOMEN'S HISTORY MONTH



MARCH 2025

Friends In Deed is committed to fostering, cultivating, and preserving a culture of diversity, equity and inclusion. We embrace and celebrate the spectrum of our employees', volunteers', and clients' ages, color, ability or disability, ethnicity, family or marital status, gender identity or expression, language, national origin, physical and mental ability, political affiliation, race, religion, sexual orientation, socio-economic status, veteran status, neurodiversity, and other characteristics that make our employees, volunteers, and clients unique.

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